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**>>FWD this link:
A Rough Guide to Staying Amused Online When You Should Be Working**

“Procrastination is the assassin of opportunity”. Or, in the kind of language the average boss uses: “Look, if you don’t stop messing about on the Internet, you’re fired.”

From skateboarding dogs to preposterous eBay auctions, ‘cheddarvision TV’ to famous faces from cyberspace, a highly addictive new Rough Guide **>>FWD this link** brings together some of the most popular, notable and ludicrous Internet distractions that have conspired to stop us doing things we should really be doing.

Read about the coolest virals, discover the funniest YouTube clips, and find famous stories portrayed through the medium of Lego. Become familiar with the unsuspecting Internet stars who have found infamy on our computer screens, and admire the most believable conspiracies, hoaxes and spoofs that have repeatedly sucked in even the most discerning Internet users.

>>FWD this link features...

- The web's most entertaining wildlife, including fainting goats and frisky donkeys.
- Let’s not forget the power of the email, and those living to regret clicking the “send” button, when their heart-felt love letters are splashed across the press the next morning.
- Those wonderful websites that have you coming back again and again, brow-furrowing collections, online museums and shopping sites that defy belief.
- The best of YouTube, showcasing the unsuspecting Internet stars.
- A round-up of the most notable examples of mods, mash-ups and Photoshop masterpieces.

Check out Rhodri’s Top 10 Links:

- 10 – Catching glasses on your face (Chapter 4) – www.youtube.com/watch?v=-prfAENSh2k
- 9: The Infinite Cat Project (Chapter 6) - www.infinitecat.com
- 8: Will It Blend? (Chapter 7) – www.willitblend.com
- 7: Fridge Magnets (Chapter 9) – www.tinyurl.com/6mj4pk
- 6: Icy Spicy Leoncie (Chapter 2) – www.youtube.com/user/IcySpicyLeoncie
- 5: Log On Bike (Chapter 1) – www.youtube.com/watch?v=AKaR5nJg-qq
- 4: Roy Orbison in Clingfilm (Chapter 10) – www.tinyurl.com/a8yi
- 3: Guitar God Parodies (Chapter 5) – www.tinyurl.com/yk6vm
- 2: Human Tetris (Chapter 8) - www.notsonoisy.com/tetris
- 1: Worst CV Ever (Chapter 3) - www.veoh.com/videos/e1336748NgyMqyG

About the Author:

Rhodri Marsden has written many features about the unusual side of the Internet for The Independent, The Guardian and other British publications, and his obsession with web weirdness has seen him accumulate more knowledge about bizarre online distractions than he’d care to admit. Franz Ferdinand (the band, not the Archduke) described him in The Guardian as “one of Britain’s leading bloggers”, and when not pontificating on his own blog he adds to the digital information mountain with pieces for the Radio Times, The Independent and MSN websites.

Notes for Editors:

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